

STORY ANGLES

The Good Life – Redefining Your Health With the Greatest Visionaries of Our Time
by Jesse Dylan

WHAT DOES IT TAKE TO CREATE VIBRANT HEALTH IN BODY, MIND, AND SPIRIT? – FIND OUT IN “THE GOOD LIFE!”

For everyone who's seeking the secrets to vibrant health in body, mind, and spirit – top-rated radio talk show host, Jesse Dylan, has written his new book, *The Good Life – Redefining Your Health With the Greatest Visionaries of Our Time*. In an intimate, easy-to-understand, conversational style, Dylan weaves the most potent information revealed during radio interviews with 15 of the most prominent experts in the field, including as Dr. Michael Roizen (*You: Staying Young and You: The Owner's Manual*), Lynne McTaggart (*The Field*), Dr. Bernie Siegel (*Love, Medicine & Miracles*) Dr. Joan Borysenko (*Minding the Body, Mending the Mind*), Jim MacLaren (Choose Living Foundation), and Bob Proctor (*You Were Born Rich/Law of Attraction expert*), among others.

THE CASE FOR PERSONAL TRANSFORMATION: RADIO JOCK JESSE DYLAN FINDS “THE GOOD LIFE”

Jesse Dylan, a hugely successful “rock jock,” voted one of the top five radio personalities in the world. This after a challenging childhood. “It seems like I screwed up absolutely everything possible by the age of fifteen,” he recalls. Yet, even with his success, Dylan was not as fulfilled in his career as he dreamed of being. Learning to really listen, Dylan moved from jock to talk show host, Dylan began interviewing the most prominent holistic health, healing, and wellness experts on his top-rated radio show, “The Good Life.” Now, he brings the wisdom and guidance of these great teachers to everyone in his first book, *The Good Life – Redefining Your Health With the Greatest Visionaries of Our Time*.

JESSE DYLAN'S “THE GOOD LIFE” – ONE-STOP MANUAL FOR HEALTHY LIVING!

Wouldn't it be great if there were one source for the best, leading-edge information on health, happiness, relationships, love, purpose, fitness, forgiveness ... the most important issues we face in life? Well, now there is! Jesse Dylan, the top-rated radio talk show host, has compiled a manual of this wisdom from interviews he conducted with 15 leading experts in these fields. *The Good Life – Redefining Your Health With the Greatest Visionaries of Our Time* covers all these topics and more. Dylan, who experienced a profound transformation in his own health and life outlook, tells stories and makes this valuable information easily accessible to anyone with an intention to experience *the good life*.